

Medicare Fraud Prevention Week June 5th

Medicare Fraud Prevention Week focuses on the actions **everyone** can take to prevent Medicare fraud, errors, and abuse. Learn how you can protect yourself and your loved ones from Medicare fraud! June 2022 marks the 25th anniversary of the **Senior Medicare Patrol (SMP) Program** and to commemorate this event the SMP is creating a national week focused on Medicare fraud prevention.

Are You Getting Calls About Your Medicare?

I received three calls yesterday. I informed them that I am a Medicare counselor and I prefer to make my own Medicare decisions.

Please do not make any Medicare coverage changes over the phone or by having them visit your home.

My staff and I at the Millstadt Senior Center will assist you with your Medicare needs.

Give the solicitor/salesperson on the telephone my number here at the Senior Center and I will listen to their offer on your behalf. (They will not call me, but I will be glad to help at any time).

Under no circumstances have them into your home, especially if you are alone. If this Medicare salesperson insists on meeting with you, please have them meet you at the Senior Center where my staff and I can be of assistance.

Please call us when you need Medicare help. We are real people and will not sell you anything.

Millstadt Senior Center is committed to keeping all seniors safe from fraud.

Senior Fraud

Senior Fraud attempts are everywhere and until I turned 65, I had no idea it was this crazy. As if we do not have enough problems in the world. This can be prevented. Do you get IRS calls and e-mails telling you that you owe money, and they are willing to settle for a smaller amount? Hang up right away! The IRS will not call or email you their contact choice is only US Mail. Do not believe any stories from callers that your children or grandchildren are in trouble and need money immediately! Call your son or daughter personally and ask if this is true. Do not send money!

Another popular one is the WARRENTY DEPARTMENT. They will tell you they will cover your car repairs and after you agree to a contract any claims paid will be a lesser value than what you are paying in premiums if covered at all.

Your AMAZON account has been hacked scam. Most people with Amazon accounts have computers and internet. Amazon has contacted you even though you do not own a computer or have an Amazon account. Do not press "1" or "4" this takes you to a Federal Agent stating you could be arrested if you do not pay money.

This is all very scary, and I want to protect everyone. If they are persistent, you can tell them to call Patty at Millstadt Senior Center at (618)476-3731 and I will assist you with your IRS, Amazon, and Warranty issues.

From Below The Tower



Patty Evansco

What a month! Many things were happening at the Senior Center. The best events were the days we were visited by the 6th graders from Millstadt Consolidated School. Each day 10 students helped to serve lunch and clean up. After lunch they sponsored Bingo and brought nice prizes. We really enjoyed having them here and hope we can get more young people to come in and volunteer throughout the year. You are always welcome!

We had lots of free vegetables, fruits, breads, goodies and even rose bushes this month and I think a lot of folks have full refrigerators and freezers! A huge shout out to the Food Pantry, Panera, Schnucks and Casey's for all the goodies they donated! Just remember when you are filling your bags full of freebies that you might want to leave some items behind for that mom or dad that works hard all day and would love to see something left for their family when they come back to town at 4:30 pm.

We had major electrical problems this past month. I hope someone reading this is familiar with the installation of the electrical boxes when this building had them installed years ago. A few months ago, we blew out two electrical circuits for the elevator. This was caused by power surges and outages. We had circuit boards replaced and all was well. With the remodeling of our upstairs workstations, we noticed problems when a brand-new electrical pencil sharpener stopped working after a few days. Then a printer started having smoke come out of it and it was ruined. I thought something was not right and contacted the furniture company to contact their installers and electrical company. They came out and did find some problems which I thought were corrected. A new printer was purchased but during this time the laminator and paper shredder along with the new printer quit working! I was in disbelief as to how all these items were being shorted out. Again, I contacted the installer and finally their electrical company contacted Ameren and they came out to check the problem. It had something to do with the electrical installation and described the problem in these words: single phase, double phase, hot leg, added circuits-b leg wild. I have no idea what any of this means but they do not know why the panel was set up that way and I am hoping someone in our community could shed some light on this subject.

Good news is the elevator passed inspection! That is always welcome news.

While all this was going on, we installed a new phone system from Spectrum that will help reduce our costs. I am confident this is going to work out well.

Our quilt raffle is coming up on Friday, June 17, so be sure to get your tickets. We have decided to hold off on the Golf Ball Drop until next year. Also, do not forget Bunco is on Thursday the 16th of June. After a two-year COVID hiatus we are finally able to be back again. Desserts and prizes are still needed if you would like to donate. *Have a great month!*

Patty

MCS 6th Graders Volunteer At Senior Center



Millstadt Consolidated School sixth graders spent the last three weeks of school helping seniors at Millstadt Senior Center. They served food, help clean up and led a daily Bingo game and they couldn't have been happier about it. Kristen Kienitz, the sixth-grade teacher organized the project and was hoping they can come throughout the year in the future. *Thank you students!*



Senior Center Director Patty Evansco takes time to visit with Nancy and Bob Brown of Oklahoma. Nancy is the daughter of the late Betty Krupp.

April 2022 Meal Report			
Carry-Outs	407	— Smithton	343
Home Delivered (Meals on Wheels)			2,174
Congregate (Dine In)	535	— Dining Out	38
Total Meals for April		3,497	

SNAP & MEDICAID APPLICATIONS
 Missy from AgeSmart will be here
Wednesday, June 15, 2022
From 9:00 am to 12:00 noon
 Call (618) 476-3731 for appointment



Mike Capell our computer Guru.

How To Get Help From Social Security

Although we encourage using our online services, if your clients can't complete their business online, they can call us toll-free at **1-800-772-1213**. Our phone lines are usually less busy before 10 a.m. and from 4 p.m. to 7 p.m. local time, and later in the week, or later in the month.

While appointments are **strongly recommended**, we continue to help people without one. An appointment reduces the wait time and ensures that your client knows what documents to bring, so we can help them in one visit. If your client needs to visit their local Social Security office without an appointment, we are here to help. Our offices tend to be less busy later in the day, later in the week, and later in the month.

To learn more about our safety measures and restrictions before visiting our offices, visit our webpage, How to Get Help from Social Security.

St. Clement Community FDN

June 1, 2022

St. Clement Community Foundation (SCCF) is happy to announce Lisa Riechmann is now the Grants Committee Chair.

St. Clement Community Foundation (SCCF) has announced plans to make grant awards to local non-profit agencies and other organizations for the support of health care and health education projects. The Sandra M Bereitschaft Foundation has received annual grant awards for the Meals on Wheels programs since 2015. They provide grants to programs conducted in the service area of the former St. Clement Hospital, Red Bud, IL, which includes Monroe County, Randolph County, and the St. Clair County communities of Lenzburg, Marissa, and New Athens.

Smithton Senior Center News



By Diane Ruhmann — May 2022

- Meals are served Monday evenings at 5:00 p.m. You can either sign up the week before or call Millstadt Senior Center at 618-476-3731 by Thursday.
- Meals on Tuesday are served at noon, but if you'd like a carryout, they are available at 11:30 a.m. You can either sign up the week before or call Millstadt Senior Center at 618-476-3731 by Thursday.
- After Tuesday meals on second and fourth Tuesdays of month bingo is played.
- Tuesday and Thursday mornings at 9:00 a.m. there is an exercise class.
- Euchre tournaments are held the first four Friday evenings of the month. Doors open at 6:30 p.m., play starts at 7:00 p.m. First and Fourth Fridays are singles games. Second and third Fridays are partner nights. Any questions regarding Euchre, please contact either Diane Stoneking 618-791-8769 or Diane Ruhmann 618-698-6785.



Parker and Owen Todd, fifteen months old, visit the Senior Center.

Community Kindness

Community Kindness of Belleville has generously provided grants to the Sandra M. Bereitschaft Foundation for several years. Their quarterly grants of \$300 have provided funds to purchase the serving dishes for our Meals on Wheels (MOWs) clients. The MOWS program not only delivers meals but also provides a brief social contact and smile to our stay-at-home clients. Thank-you to all donors. If you would like to make a donation to the SMBF, our mailing address is Post Office Box 41, Millstadt, IL 62260.

Sandra M. Bereitschaft Foundation

Donations to the SMBF may be sent to Post Office Box 41, Millstadt, IL 62260. All proceeds of the foundation support the Millstadt Township Meals on Wheels program.

The Foundations supports the MOWS program by purchasing the "Olivers" or the compartment serving plates used for all the meals delivered or picked-up at the Senior Center.

Thank-you to all everyone who supports the Meals on Wheels on Program. You keep the wheels moving!

Tributes And Memorials

Tribute and memorial gifts may be made to Millstadt Township Senior Services by calling (618) 476-3731 or by mailing a check made payable to Millstadt Township Senior Services, 102 South Jefferson Street, Millstadt, IL 62260.

OUT TO BREAKFAST

Bus Outing
Fri., June 17, 2022
8:00 am
 Call (618) 476-3731 for reservations

MPD Police Academy

The Millstadt Police Youth Academy will be held the week of July 18-22, 8:00-4:00, except on Friday when it will end at 1:00. The cost is \$60.00. The youth and police officers will engage in a variety of activities. The program is for youth ages 9-12 at the time of the academy. day. The academy is limited to 20 youth. Applications are available at the Police Department and at Millstadt Village Hall. The youth academy is a popular and interactive program and tends to fill up quickly!

Sandra M. Bereitschaft Foundation Meals on Wheels



Saturday, October 15, 2022

St. James Parish Center

423 W. Madison St, Millstadt, IL

Doors Open at 6:30pm, Trivia begins at 7:00pm

\$15 per Player, 6 to 8 Players (10 Mulligans included)

Bring Your Own Food and Drinks (Alcoholic Beverages allowed for over-21 guests)

50/50 Drawing and Attendance Prizes

Silent Auction and Raffle Available

Cash Prizes awarded to top 3 teams!

Please Call [Patty Evansco @ Millstadt Senior Center 618-476-3731](mailto:PattyEvansco@millstadt.org) or email MealsonwheelsSMBF@gmail.com to reserve your Table!

Board Members: Jim Bereitschaft, Jamie Bereitschaft, Jean Colbert, Eileen Doerr, Tina Doerr, Marlou Eckert, Patty Evansco, Debbie Mertz, Megan Knop, Janet Mueller, and Karen Witte

- Raffle tickets (Need not be present to win)
- \$100 – Round Sponsor _____
- Basket Donations
- Other \$ _____



Checks should be made payable to SMB Foundation and mailed in the enclosed self-addressed envelope. Credit card payments will be accepted.

100% of all donations go to the Foundation.
The Sandra M. Bereitschaft Foundation is tax-exempt, not-for-profit organization as described in Section 501 (c) (3) of the IRS Code. All donations are tax deductible to the extent allowed by law. Identification Number 46-3030687

Senior Health Insurance Program New (S.H.I.P)

During the summer months, Medicare beneficiaries may find it beneficial to start preparing in advance for Medicare’s annual enrollment period which begins October 15th and ends December 7th. In the fall, your drug plan or health plan will mail to you an Annual Notice of Change letter or “ANOC,” which will outline all the changes that will be made to your plan beginning January 1st. Before you receive these letters, we recommend scheduling an appointment with your primary care physician to review any medications that you are taking. This is especially useful if you have medications prescribed by more than one doctor. You may want to discuss the effectiveness of the medications, the strength and dosage, and what alternatives are available. Having this conversation with your doctor at least annually will prevent you from taking medications that are no longer needed or no longer effective. You may also find it beneficial to talk to your pharmacist. This may also help you save money! If you would like to schedule an appointment, please call Millstadt Township Senior Services at (618) 476-3731 and we would be glad to help you.

Millstadt Red Cross Blood Drive



July 6, 2022 3:00 pm – 8:00 pm St. James
Sep. 7, 2022 3:00 pm – 8:00 pm St. James
Nov. 16, 2022 3:00 pm – 8:00 pm V.F.W.

Faster Processing Of Disability Claims For People With Alzheimer’s Disease

By Tanya Peterson , Social Security District Manager, East St. Louis, IL

Currently, more than five million Americans suffer from Alzheimer’s disease. Since the onset of Alzheimer’s can occur in people before they retire, it may strike during an individual’s working years, preventing gainful employment as the disease progresses.

As a result, people with Alzheimer’s disease and their caregivers must figure out how they’ll pay for care. Our benefits and services are vital to people with early-onset Alzheimer’s who are unable to work and have no other source of income.

For more than a decade, Social Security has included early-onset Alzheimer’s disease in our list of Compassionate Allowances program. The program identifies debilitating diseases and medical conditions so severe they meet our disability standards. Compassionate Allowances allow for faster processing of disability claims for individuals with early-onset Alzheimer’s disease and several other neurodegenerative disorders.

You can read more about our Compassionate Allowances program at www.ssa.gov/compassionateallowances. To learn more about how Social Security disability insurance works and to apply for benefits, visit our disability page at www.ssa.gov/disability. Please share these resources with friends and family.

Garden Place Block Party

Stephanie and Stacy represented the Senior Center at Garden Place’s Block Party.



Look at all of the smiling faces! Above, attending the Block Park is Shirley Brandenburger with her 3 daughters. On the left is Betty Schranz.



CONCORDIA UCC
MONTHLY “BREAD & BLESSING” MEAL
2nd Thursday of Every Month, 4PM-6PM
OPEN TO THE COMMUNITY
R.S.V.P. Necessary, Please Call 618-476-3377
By the Tuesday previous to the meal
7600 State Route 163, Belleville
Blessings
No Charge for Meal
(Free will offerings are humbly accepted)

CONGREGATE DINING

We invite you to enjoy a deliciously prepared lunch.

The suggested donation for the meal is \$5.00, however each person is responsible for determining what he/she can contribute as a suggested contribution. Persons under 60 years of age are required to pay the full cost of the meal (\$11.50). No one will be denied a meal due to lack of donation.

Millstadt Township
Senior Services is open:
Monday through Friday
8:00 a.m. – 2:00 p.m.
(Lunch is served at 12:00 Noon)

Transportation is available upon request. To make arrangements please call.

Golden Of Illinois Wheat

Wheat harvest usually falls around the middle of June. That's when the soft red winter wheat variety grown in Illinois turns a golden color.

A century ago, Illinois farmers led the U.S. in growing the most wheat. However, after World War II, the demand for corn and soybeans created a shift to other crops. Today, Illinois ranks number 11 in the nation for wheat production. Southern Illinois, counties south of Springfield, produce approximately 83% of the state's wheat production.



The soft red wheat is used in food products such as cereals, flatbreads, cookies, cakes, pretzels, pastries, pancakes and biscuits. The soft red wheat doesn't have the protein and gluten levels for yeast bread.

Here is a list of some items made from Illinois wheat; glue, pastes, cosmetics, vitamin E extracts, pharmaceuticals, pet food and livestock food.



Lana from CVS calls Bingo for the Seniors. CVS sponsors Bingo every 4th Tuesday of the month.

Taste of Ott's

Join us @ Ott's Tavern & Restaurant
(20 E. Washington, Millstadt)

June Dinner

Father's Day Theme
BBQ Pork Steak, Baked Beans
Potato Salad, Garlic Bread Stick and Fruit Dessert

Monday, June 13th

At 4:30p.m.

Enjoy great food, prizes, and fellowship!
Suggested contribution \$5.00/meal
RSVP to Senior Center (618) 476-3731
by June 9, 2022
(Limited to 50) Meal is subsidized by AgeSmart.
Must be 60 or over to attend.

Remember the Date

The annual Trivia event for the Sandra M. Bereitschaft Foundation will be held on October 15, 2022 at St. James Parish. Please reserve this date on your calendar.



Boy Scout Troop 622

**10th Annual
Independence Day BBQ
July 4, 2022
11:00 am to ??**

**St. James Catholic Church
Fr. Freund Parish Center
Millstadt, Illinois**

**Smoked Pulled Pork
Pork Steaks
Bratwurst
Hamburgers
Hot Dogs**

Sandwiches and Plates

Plates include 2 Sides:

potato salad, baked beans, cole slaw, pasta salad

Spring Closet Cleaning

Our annual Big Ole Bag and Jewelry sale will be held in **April 2023**.

Remember to donate your gently used purses and jewelry to the Senior Center for the annual sale.

Urgent Need Volunteers!

Millstadt Senior Services is in need of volunteer
Meals on Wheels drivers in rural Millstadt areas!
Drivers are needed from
10:30 am - 12:30 pm
Deliver meals and a smile and also receive a delicious free meal on the day you deliver!
Call Patty at (618) 476-3731

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE June 17, 2022

At Senior Center

- 1st Prize - Handmade Queen Size Quilt
- 2nd Prize - Porch Swing
- 3rd Prize - Handmade Baby Quilt

TICKETS \$1⁰⁰ 6 FOR \$5⁰⁰

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec. 23, 2021. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Special Thanks To

- Concordia Church - Floraville UCC
 - The Way Church, Columbia
 - Millstadt Baptist Church
 - St. James Catholic Church
 - St. Michaels Catholic Church
 - Trinity Lutheran Church
 - Zion Evangelical Church
- For Your Continued Support*



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Puzzle Book Donation

Hallie Bryant donates 3 boxes of puzzle books to the Senior Center.

Bag Tournament Results

May 5, 2022

- 1 Thelma Short and Barb Knewitz
- 2 Lil Tracy and Vernon Weihoff
- 3 Ralph Schneider and Darlene Sandheinrich
- 4 Shirley Rinck and Henry Horschman

May 12, 2022

- 1 Ralph Schneider and Henry Horschman
- 2 Darlene Sandheinrich and Lucille Reece
- 3 Vernon Wienhoff and Evelyn Weber
- 4 Doris Chaput and Lil Tracy
- 5 Dorothy Bagsby and Barb Knewitz

May 19, 2022

- 1 Toni Schneider and Dorothy Bagsby
- 2 Ralph Schneider and Lil Tracy
- 3 Henry Horschman and Barb Knewitz

May 26, 2022

- 1 Barb Knewitz and Toni Schneider
- 2 Ralph Schneider and Vernon Wienhoff
- 3 Darlene Sandheinrich and Evelyn Weber
- 4 Lil Tracy and Alivia Erwin
- 5 Lucille Reece and Dorothy Bagsby
- 6 Doris Chaput and Henry Horschman



Millstadt



HOMETOWN PROUD.

625 East Washington
Millstadt, Illinois 62260
(618) 476-3161

MOVIES in the PARK

Save The Date

Have some family time with Movies in the Park.
 July 15, Friday, Encanto
 September 9, Friday, Luca

FARMERS MARKET

Millstadt Township Farmers Market is now open, every Friday 3PM to 6PM at the VFW Event Center! We are selling strawberries like crazy! Also, fresh asparagus, radishes, onions, and carrots! We are selling out of fresh baked goods (which are delicious)! So, come early! Boasting local honey, jams, jelly, eggs, and soap. See the Millstadt Library to find the right book you have been looking for. Do not miss a fun time at this great community event. Please support the VFW for their weekly Friday Fish Fry!



Wii Bowling May

	5/4/2022	5/11/2022	5/18/2022	5/25/2022	Avg for the Month	
Janet	611	515	638	573	194	1st Place
Thelma	546	599			191	2nd Place
Dorothy	548	487	538	461	169	3rd Place
Lil	565	556	445	442	167	4th Place
Norma				727	121	5th Place

Prizes will be awarded on June 15, 2022

Smithton Meals

We will serve meals at Smithton Senior Center on Tuesdays from 11:00 am to 12:00 noon. If you are 60 years of age or older and would like to reserve a meal, **Please Call (618) 476-3731**. Menus will be available. Anyone over 60 is eligible to pick up meal at Millstadt center Monday thru Friday.

Rummy Club 231 Games



- Frances Dickneite 90
- Loren Steele 58
- Henry Horsman 38
- Brenda Holifield 23
- Lucille Lang 22

We Need More Rummy Players
 - Please Come And Join In At
 9:00 am Weekdays.

DIVINE NAIL SALON

735 West Washington Street - 87 Millstadt, Illinois
 (618) 476-6275

Monday thru Saturday 10:00 am - 7:00 pm
 Walk-ins Welcome Closed Sundays

Manicures, Pedicures, Full Set and Fills for Acrylic, Gel,
 Dip Nail Enhancements, Waxing

15% Off Seniors (60+) Must Have Coupon

Dining Out



Cahokia Heights, IL

Thursday, June 23rd

4:00 PM

Call Center For Reservations 618-476-3731

Expert Repair - Professional Installation

High Efficiency Systems

Residential

Commercial

DOW

HEATING and AIR CONDITIONING

Millstadt, IL

(618) 476-9604



MEALS on WHEELS
 AMERICA

2022 MEMBER



BUNGO PARTY

THURSDAY JUNE 16, 2022

At St. James Parish Center

304 Madison Street
Millstadt, Illinois

Registration begins at 6:30 pm
Bunco from 7:00–10:00 pm
Enjoy 50/50 Drawing
Homemade Dessert Buffet
Everyone Wins a prize.
Tickets are \$10.00
And available at door or
Call Patty at 476-3731

Proceeds Benefit the Home Delivery Meal Program at the Millstadt Township Senior Center

RHUBARB TORTE

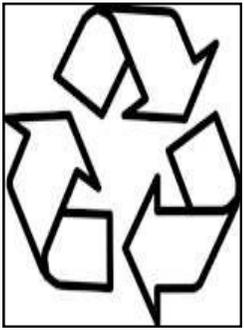


Dice rhubarb into small slices
1 cup white sugar
1 -3 oz. package of strawberry banana Jell-O
1 yellow cake mix (dry)
1 1/3 cups of water
In 9X13 pan lightly buttered, spread rhubarb over the bottom of the pan. Sprinkle sugar over rhubarb, followed by Jell-O and finally the cake mix. Pour water over the top. **DO NOT STIR.**
Bake for 30-35 minutes at 350° until brown and bubbly. ENJOY!

Asparagus Quiches



1 lb. asparagus – cut into 1” pieces
8 oz. cream cheese – softened
2 eggs – beaten
¼ cup red pepper – chopped
8 oz, polish sausage – chopped
½ tsp dill
¼ tsp pepper
1 cup shredded cheese
1 pkg english muffins
Cook asparagus in microwave for 3 minutes. Cool. Beat cream cheese. Beat in eggs. Stir in rest of ingredients. Scoop onto English muffin halves. Bake @ 375° for 20-25 minutes. ENJOY!



RECYCLING

8 AM TO 10 AM
2nd SATURDAY OF EACH MONTH
AT TOWNSHIP SHED ON EAST HARRISON STREET

All Kitchen Volunteers Are Required To Complete The State Food Safety Food Safety Training

State Food Safety is providing free training for all Senior Center volunteers. This Disaster Relief Food Safety Training is **required** for all food handler volunteers. Please visit <https://www.statefoodsafety.com/CustomPortal/DisasterRelief#/> to complete the course and print out the certificate. If you are unable to do online by yourself, please let me know and we will set up a group time for all to do together. Thank you for all you do for the Senior Center. This training is very informative as well as interesting.



Love A Senior Day
Belle-Clair FAIRGROUNDS & EXPO CENTER
200 South Belt E. Belleville, IL

Friday June 10th to June 10th 2022
LASD

JOIN US LOVE A SENIOR DAY!
BY OFFICIAL PROCLAMATION OF MAYOR PATTY GREGORY

Celebrate Being a Senior!
Vendors on new ideas, lifestyle, living, technology & more!
Hear from Belleville's Mayor Gregory and other great speakers!

TICKET
FREE in advance w/biz partners or online loveasenior.org/belleville \$1 at the door

SENIORS ON STAGE
Entertainment featuring area senior performances!

PRIZE DRAWINGS
Drawings for fun prizes every 1/2 hour!

CONCESSIONS!

JUNE 10th 10AM - 4PM

Gold Sponsors	Silver Sponsors	Bronze Sponsors
JUNCLE GENE Gateway Grizzlies	AMEREN ILLINOIS COMMUNITY ACTION AGENCY	Wills and Associates AmeriSign ClearCaptions

St. Clair Co Transit shuttle @ Metro stn every 20min | loveasenior.org/belleville

Dates to Remember

- June 10-11, Firemen's Picnic
- June 14, Flag Day.
- June 16, Bunco at St. James 7:00 pm.
- June 19, Father's Day
- June 21, First day of Summer
- July 4, Fourth of July, Senior Center Closed
- July 6, Blood Drive, St. James

Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

Community Center & Park Pavilions Rental

If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed



Waterloo | Red Bud | Millstadt | Columbia
Reflections at Garden Place ~ Columbia



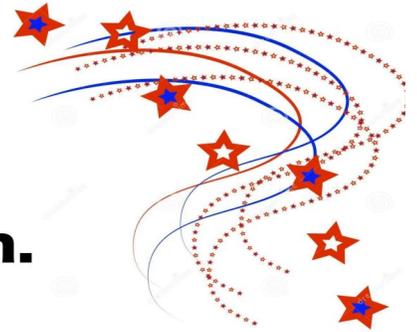
www.gpliving.com

618-476-1440

We Live Here. We Care Here.

Millstadt Community Choir Patriotic Concert

Sunday
July 3,
2022
7:00 p.m.



Zion Evangelical Church
117 W. White Street
Millstadt
618-660-4255

We hope you will be able to join us!

There is no charge to attend this event.

St. Clair County Veteran's Commission

If you need information and assistance with claims to the Department of Veterans Affairs for benefits such as: pension benefits (veterans & widows), service-connected compensation, GI home loans, educational benefits, discharge upgrades and any other benefits sought by the veteran or family from the DVA call 618-277-0040 to make an appointment.



Join the
Friends of the
Old Millstadt Water
Tower
for a
Bake Sale & Tee
Shirt Sale



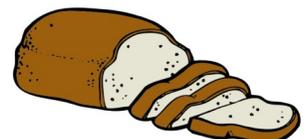
Saturday June 18
From 7:30 - ?

at
Millstadt IGA Parking Lot
625 E. Washington
Millstadt



Donations of Baked Goods
are welcomed!! Call 476-7326

All proceeds to be used for
restoration & preservation
of the Old Millstadt
Water Tower.





Olivia of Operation Food Search preps for the delicious summer drinks Coco Loco, Splash O’Melon and Fruit Punch (pictured below), she prepared for the Seniors.

Coco Loco

Ingredients:

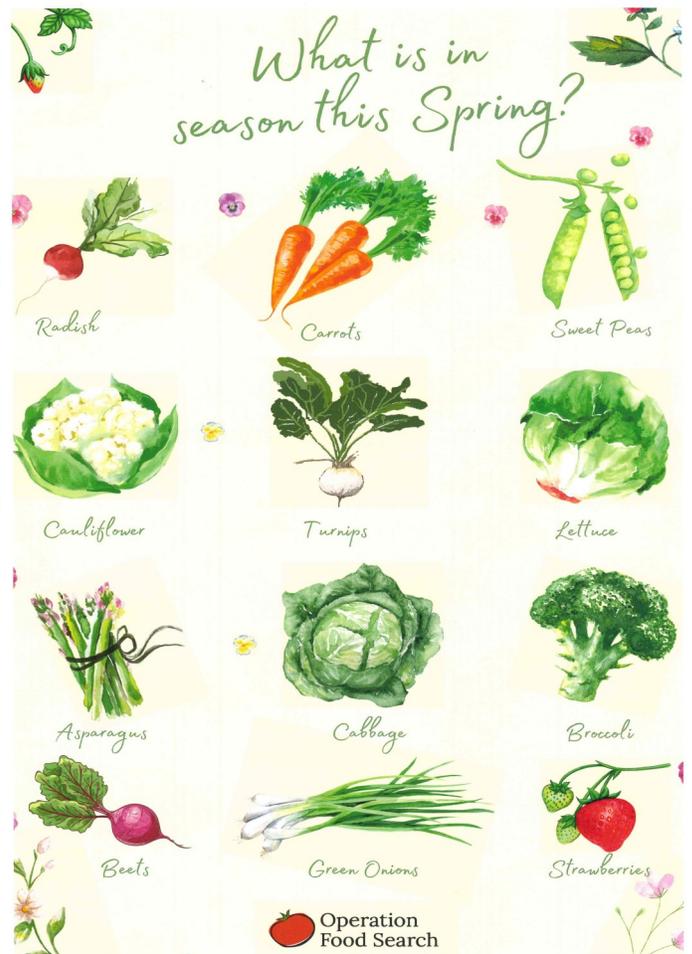
- 8 ounces tropical juice blend
- 4 ounces coconut milk
- Splash of seltzer water

Directions:

1. Add ice, tropical juice, and coconut milk to shaker bottle.
2. Top with seltzer water.
3. Shake until frothy.
4. Pour into drinking glass and enjoy!



Operation Food Search



THANKS FOR OUR DONORS

MONETARY DONATIONS

- Anonymous
- Susan Sager
- Floraville Community Grange 1918
- Bob and Barb Louis
- David and Suzanne Haas (Meal Sponsors)
- Barbara Meadows (Tips from Happy Days)
- Allen Analla
- Helma Kleinschmidt
- First National Bank of Waterloo
- (1/2 Price Day – May 31, 2022
- SMB Foundation (Sponsored Meals week of May 27th for Meals on Wheels clients)

IN MEMORY OF NORMAN SIMMONDS

Ronald and Betty Simmonds

BINGO SPONSORS

- CVS Pharmacy (Lana)
- MCS 6th Grade Class
- Garden Place
- Ott

First National Bank of Waterloo

OTHER NEEDED ITEMS

- Lucille Reece (Bingo Prizes)
- Carson Allen (Confirmation Project Donation)
- Bob (Dawn and Lemonade)
- Beth Kwentus (Kitchen Supplies)
- Fran Wagner (Kitchen Supplies and Bingo Prizes)
- Hallie Bryant (Puzzle Books)
- Don Mueller (Roll of Stamps)
- Mary Heberer (Sandwich Bags)



Tech Time



Drop-In Tech Help

Friday, June 24th @ 10:30 am

Free of Charge

Having trouble navigating your laptop, iPhone, Android, or other device? Come in to get some



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Earn 5% on your Purchases !

Details in store or call
618-476-1760

Bus Rider Reminder
All Ride Reservations
Should Be Made Through
The Office *Please Do Not*
Tell Bus Drivers Your
Appointments Thank You

BIBLE TALK

THE GOAL

“Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead. I press on to win the goal for which God has called me heavenward in Christ Jesus.” (Philippians 3:13-14). Words written by Paul to the people of the church he founded in Philippi, the first Christian church in Europe. Paul was writing from a prison cell.

During Paul’s mission ministry biblical scholars estimate he traveled 10,000 miles BY FOOT. (Equivalent to walking from New York to Los Angeles). He used the extensive network of roads the Romans built for use by their troops. Paul was specifically chosen by the Lord for this ministry. “This man is my chosen instrument to carry my name before the Gentiles and their kings and before the people of Israel.” (Acts 9:15) Paul’s locations for his ministry were Israel, Turkey, Greece and Italy.

Acts 17 continues Paul’s second missionary journey. He arrives in Thessalonica accompanied by Silas and Timothy. Here Paul shares his message which was well received by some but not all. Paul’s purpose was completed however, and a new Christian church was established. As usual, trouble ensued but their host Jason, a believer, was able to get Paul out of the city before he was harmed. Jason is mentioned in Acts 17:6 and is believed to be the same person mentioned in Romans 16:21.

“As soon as it was night, the brothers sent Paul to Berea.” Paul’s message was received with “great eagerness”. Jews as well as Gentiles became believers. Paul’s stay was cut short however, and soon he was on his way to Athens.

His stay in Athens is most interesting. While he was waiting for his companions something quite remarkable happened. Many Jews as well as God-fearing Greeks felt Paul was advocating foreign gods and they did not understand his “babbling.” They took Paul with them to a meeting of the supreme tribunal of Athens, Areopagus, where Paul came across an altar with the inscription “To An Unknown God”. Paul said to them: “Now what you worship as something unknown I’m going to proclaim to you.” Some discounted his account of the resurrection of the dead, but others wanted to hear more. NOTE: Damaris is mentioned only once in the Bible. Dionysius may have become the first bishop of Athens. Areopagus is a popular place of pilgrimage for Christians likely due to Dionysius conversion).

“Paul was a champion survivor. What do you do when a storm hits? Nothing can move us for our anchor is in Jesus Christ.” Anon.

Next month, Paul’s third mission journey begins in chapter 18. Until then, blessings.

Thank you for joining me today. *Pat Morris*

Bible Study At Senior Center
 An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th Mondays @ 10 AM**
 This Is
 A Non-Denominational Study
 And All Are Welcome, Regardless
 Of Religious Background,
 And There Is No Cost



Little Free Library

Newsletters now available in the Little Library located in front of Millstadt Township Senior Services at the Community Center.




Edward Jones > edwardjones.com | Member SIPC

Congratulations, graduates!



Jeff Pratl
 Financial Advisor
 3 Gemstone Drive
 Millstadt, IL 62260
 618-476-7216

MKT-5894K-A-A1

Prayer to St. Jude

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever.

Sacred Heart of Jesus, Pray for us, St. Jude, Worker of Miracles, Pray for us, St. Jude, Helper of the Helpless, Pray for us.

Say this prayer 9 times a day for 9 days, then publish. Your prayers will be answered. It has never been known to fail.

Thank you, St. Jude. Anonymous





RIDE A BIKE



PLANT SOMETHING



FLY A KITE

WAYS TO MOVE YOUR BODY THIS SPRING



STRETCH



EXPLORE SOMEPLACE NEW



TAKE A WALK



EXPLORE NATURE



DANCE



SPRING CLEAN



Operation Food Search



Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills. • **By appointment only.** Call 618-398-0958, ext. 2224 to make an appointment

The Taste of Mexico . . . In Millstadt!



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Authentic Mexican Restaurant

Book Your Holiday Party Now!

For Every \$25 Gift Certificate Purchase Receive a \$5 Bonus Gift Certificate!
Cash Purchases Only

50% OFF Entree

Buy Any Lunch or Dinner Entree plus 2 Drinks & Receive the 2nd Entree of Equal or Lesser 50% Off With Coupon.

*Dinner only. Cannot be combined with other offers. One coupon per person. Expires 3/01/22. MS.

Daily Drink Specials!

Monday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00	<div style="background-color: white; color: #8B4513; padding: 5px; font-weight: bold;">\$10 Buckets of Domestic Beer Everyday!</div>
Tuesday	Domestic Beer \$2.00	
Wednesday	Mexican Beer \$3.00	
Thursday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00	
Fri., Sat. & Sun.	44 oz. Cadillac Margaritas \$13.50	



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WE NOW HAVE BOTTLE WATER!

Fabric Grab Coming



The Millstadt Senior Center is planning a new fundraiser and your invited to participate, donate and help. Call your neighbors, fellow crafters and sewers to sift through all their fabric scraps, used sewing machines, unfinished quilts, and other supplies they would like to donate to our sale. We will sort everything and set out on folding tables in our building at 102 South Jefferson Street, on Saturday, August 27 from 9:00 am to 2:00 pm.

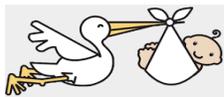
Most Popular Baby Names In 2022 For 2021

The Social Security Administration today announced the most popular baby names in 2022 for 2021. Noah and Olivia topped the list.

The top five boys and girls names for 2021 in Illinois were:

Boys:

- 1) Noah
- 2) Liam
- 3) Oliver
- 4) Henry
- 5) Benjamin



Girls:

- 1) Olivia
- 2) Emma
- 3) Sophia
- 4) Charlotte
- 5) Amelia

The agency announced last week that Olivia and Liam were the most popular baby names in the U.S. How does Illinois compare to the rest of the country? Check out Social Security's website -- www.socialsecurity.gov-- to see the top national baby names for 2021.

Volunteer Opportunity

If you would like to volunteer to help as a meal site server or dishwasher at the Senior Center any day from 11:30-1:00 p.m. please contact Patty at (618) 476-3731.

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations

- Melva's Family Hair Care 476-7933
- Millstadt Barber Shop 476-7273
- Millstadt IGA 476-3161
- Millstadt Library 476-1887
- Malissa Weber, FNP-C 476-3373
- Millstadt Pharmacy 476-1701
- Millstadt Village Hall 476-1514
- Millstadt VFW 476-1180
- St. James Catholic Church 476-3513
- Trinity Lutheran Church 476-3101
- Zion Evangelical Church 476-1778
- Dr. Steve Knoernchild 476-3344
- Concordia UCC 476-3377
- St. Paul Church, Floraville 473-2285
- Dr. Kevin Schmidt 476-3261
- St Michaels Church – Paderborn 473-2798
- First National Bank of Waterloo 476-3334
- Caseys 476-7360
- Associated Bank 476-3040
- Michelle's Family Haircut
- Millstadt Garden Place 476-1404
- Millstadt Baptist Church
- Lee's Home Center 476-1760
- Bonnie's Beauty Shop
- Training Room
- Country Financial
- Schuberts
- Divine Nail Salon
- Bliss Floral
- Hoffen Funeral Home
- Smithton Village Hall
- Smithton Library
- Freeburg Township
- Freeburg Pharmacy
- Freeburg Library
- Country Mart, Freeburg 539-3163
- New Athens Village Hall
- Bull Pen, New Athens
- Villas of Holly Brook, Belleville, IL

Thank You For Providing This Service To Our Community

Notary Services Are Provided Free At The Senior Center

Senior Talk

Receive the Newsletter in the Mail!
Subscriptions are \$30.00 Per Year Due To Postage Increases (12 Issues)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Please Send This Form And Your Check To:
Millstadt Township Senior Services
102 South Jefferson Street, Millstadt, IL 62260
****Be Sure To Check Your Mailing Label For Your Subscription Expiration Date****

QUILT-A-RAMA

St. James Ladies CCW
Millstadt, IL
is sponsoring a
Quilt-A-Rama

Tickets are \$25.00 each.

One Queen Quilt each month in 2022 will be given away. Drawing to be held the 1st Monday of each month. Winning ticket is returned to barrel!

For Tickets Contact:
Kathy Gass - CCW Pres./St. James Parish
405 W. Madison
Millstadt, IL 62260
(618) 971-6208

Thurs., June 16, 2022

Millstadt Township Senior Services will hold a Bunco Party at St. James Parish Center to raise money for our Meal program. In addition to Bunco we will have a Dessert Buffet for everyone to enjoy. **Everyone wins a prize!** Consider donating a prize or two valued at \$5.00 each & or a homemade delicious dessert.

I realize there are many requests for your help and the fundraisers are many.

BUNCO I would appreciate any help you can give. **BUNCO**
our generosity you will be acknowledged in our newsletter Senior Talk.
It's How We Roll!

Thank you very much, Patty Evansco, Director

Chair Yoga In The Park

Enjoy the weather, meet some new people, and practice some simple stretching Yoga exercises on Tuesdays at 10:00 am at the pavilion across from the Millstadt school. Bring your own chair and a smile. For more information contact Joyce Hermann at 618-980-2278.



Senior Transportation Program

Need a Ride to the Doctor, Bank, Hairdresser, or Dentist?

The Senior Center Offers the Only Form of Public Transportation for the Community

This Service is Available for Persons 60 Years and Older and Their Caregivers

A Suggested Donation Of \$2.00 For Transportation To and From Doctors, Dentists, Or Hair Appointments

This Partially Covers the Actual Transportation Costs of \$5.95

For Each Time It Is Provided

All donations are Confidential and Are Used To Maintain the Transportation Program

For Millstadt Township Seniors

Please Contact Patty at 476-3731 With Questions

June Birthdays

- | | |
|--------------------|-------------------------|
| 1 Tim Demond | 14 Larry Hucke |
| 1 James Threlkeld | 15 Marilyn Dycus |
| 1 Peggy Todd | 15 Don Hildebrand |
| 2 Lucy Hitsman | 15 Cindy Keller |
| 2 Delores Lang | 15 Kathleen Lopinot |
| 2 Sharon Luebbers | 15 Jerry Paule |
| 3 Joan Fishbein | 15 Don Steppig |
| 3 Virginia Flynn | 16 Dale Cleveland |
| 3 Gladys Mehrmann | 17 Mona Scheibel |
| 3 Debbie Scharf | 17 Diane Stoneking |
| 4 Shirley Barthel | 19 Dianne Jany |
| 4 Dale Weiss | 19 Carol Walker |
| 5 Joann Kurkjian | 20 Nadine Lobsinger |
| 5 Bonnie Mueller | 21 Debbie Helfrich |
| 5 Charles Mueth | 21 Darleen Sandheinrich |
| 6 Bob Moose | 22 Allen Analla |
| 7 Fred Kinzinger | 22 Nancy Kostelac |
| 8 Celeste Krausz | 22 Irene Skaer |
| 8 Ralph Schaefer | 23 Marlene Harsin |
| 9 Vera Franke | 26 Lillian Tracy |
| 10 Don Heap | 27 Fern Kinzinger |
| 11 Elaine Ortman | 28 June Martin |
| 11 Dale Woodruff | 29 Jeanette Cory |
| 11 Barbara Zollner | 29 David Oelrich |
| 12 Allen Schmidt | |

Volunteers!

Drivers (21 Hours)

- Charlie Todd
- Dave Albers
- Marlou Eckert
- Marsha Davis
- Sandy Dressler
- Michelle Hucke
- Karen Witte
- Charlie Todd
- Beth Kwentus
- Marsha Davis

Kitchen (292.5 Hours)

- Aaron Arras
- John Baltz
- Rich Brune
- Colleen Costello
- Cindy Czech
- Frances Dickneite
- Olivia Erwin
- Charlene Faulbaum
- Donna Gaulrapp
- Brenda Holifield
- Marlou Eckert
- Donna Hucke
- Chris Michael
- Leon Lang
- Ed Luecking
- Marsha Nelson
- Madonna Stapf
- Carol Terveer
- Fran Wagner
- Mike Walter
- Kathy Wolf

Meals on Wheels

- (190 Hours)
- Dave Albers
- Aaron Arras
- Jackie Brenner
- Paula Burch
- Randy Burk
- Becky Courtney
- Scott Courtney
- Cindy Czech
- Marsha Davis
- Marlou Eckert
- Donna Gaulrapp
- Sandy Hankammer
- Joyce Herman
- Donna Hucke
- Barnie Jorns
- Don Kessler
- Tracy Kessler
- Nancy Kostelac
- Millie Koudelka
- Beth Kwentus
- Rich Kwentus
- Leon Lang

Bob Louis

- Jackie McKay
- Fern Lunsford
- Chris Michael
- John Morton
- Ruth Morton
- Cheryl Mueth
- David Muskopf
- Sandy Muskopf
- Don Pellmann
- Vicki Pellmann
- Marylou Peter
- Cheryl Pierpoint
- Susan Sager
- Mona Scheibel
- Faye Schilling
- Dale Theis
- Charlie Todd
- Marsha Twellman
- Fran Wagner
- Gary Weingartner
- Linda Weingartner

Newsletter (50 hours)

- Gary Diedrich
- Kathy Diedrich
- Marlou Eckert
- Pat Morris
- Don Mueller
- Kathy Schaefer
- Jerry Schmitz

Quilting (55.5 Hours)

- Doris Adams
- Teresa Barbier
- JoAnn Clemens
- Judy Jacobs
- Beth Kwentus
- Faye LaBrier
- Lois Potter
- Judy Sutter

Smithton (38 Hours)

- Pam Andrews
- Jerry Crosby
- Julie Cosby
- Kim Freeman
- Nancy Freeman
- Janet Hollinberger
- Sharon Patterson
- Barbara Villiger
- Office (114 Hours)**
- Doris Chaput
- Jean Colbert
- Maryanne Conrad
- Kathy Schaefer
- Karen Witte

VILLAGE OF MILLSTADT

APRIL 25, 2022

Ray Famula made a motion to open the Budget Hearing. Mike French seconded the motion. The motion carried unanimously. Mayor Todd stated it has been made public in the Village office.

There were no supporters or objectors. Ray Famula made a motion to close the Budget Hearing. Mike French seconded the motion. The motion carried unanimously.

The meeting was called to order by Mike Todd, with the following trustees answering to roll call: Randy Burk, Mike Capell, Ray Famula, Mike French, Mark Todd, and Dustin Trankle. The Pledge of Allegiance was recited.

A motion was made by Mike Capell to approve the April 11th minutes. Ray Famula seconded the motion. The motion carried unanimously.

COMMITTEE ON ACCOUNTS: Mike Capell stated he reviewed the bills. Mike Capell made a motion to pay the bills. Mike French seconded the motion. The motion carried unanimously.

PUBLIC WORKS: SEWER: Dustin Trankle stated there was a minor lift station back up in Alpine Meadows on Easter morning. They fixed the issue with the degreaser and the lift station is back in service.

STREETS, ALLEYS, AND SIDEWALKS: Randy Burk stated Scott Baltz and the maintenance department are gearing up for road repairs. Mayor Todd added they discussed patching and ditching along Mueller Road in May.

PUBLIC BUILDINGS, MAINTENANCE, AND EQUIPMENT: Scott Baltz stated the equipment that was damaged during the winter has come back and is up and running. Mayor Todd stated the Police Department is looking to trade in or sell outright their hummer for a new squad car.

ORDINANCES AND RESOLUTIONS: Mike French stated Ordinance 1252 is for the Annual Budget. It is in effect May 1, 2022 through April 30, 2023. The trustees have all received copies. Mike French made a motion to accept Ordinance 1252 as presented. Mike Capell seconded the motion. The motion carried unanimously.

PARKS, POOL AND RECREATION: Mark Todd stated the pickleball lines have been painted on the tennis court and he notified the people that were interested. Mayor Todd stated another culvert may need to be put in on Parkview Drive to handle the water coming off the baseball fields.

CEMETERY: Ray Famula stated he received a complaint from a citizen about standing water at the cemetery. He and Scott Baltz are going to look into it.

COMMUNITY CENTER: Ray Famula stated the Senior Center helped with 216 tax returns. The Center received \$187,000 from an inheritance from a local family. They will be continuing their monthly dinners at Ott's. They had a restaurant outing to the Bull Pen in New Athens. New Athens would like to be included in their delivered meals; Patty Evansco will be talking to AgeSmart about adding them. The Senior Center served 397 meals in March, the most since October 2021.

PLANNING COMMISSION & ECONOMIC DEVELOPMENT: Mike French stated the next Planning Commission meeting is scheduled for Tuesday, May 17th.

BUILDING COMMISSIONER: Adam Romero stated the trustees all received the new subdivision checklist in their packets. If anyone has any questions, please talk to Adam.

OLD BUSINESS: Mayor Todd stated the bids were in to tuckpoint the police station. One bid was not going to be able to do the work for another year and a half but this needs to be done right away. There was a base bid from Sangiolo & Baker Masonry for \$18,500 with a possible add-on of \$8,500 to wash and seal the building. They would also be able to begin the work within a few weeks. Randy Burk made a motion to award the bid to Sangiolo & Baker Masonry, LLC for the base bid of \$18,500. Ray Famula seconded the motion. The motion carried unanimously. Mayor Todd stated they also have a bid from Tom's Building and Repairs to fix the damage on the inside for \$4,000 and they are available in four weeks. Adam Romero added their bid could change once they get into the building and see the damage.

NEW BUSINESS: Mayor Todd stated that Village Attorney Brian Flynn has been meeting with an LLC about the transfer of a TIF agreement. Mayor Todd asked if the issue should be tabled until Brian has more information. Brian answered yes. Mike French clarified this was for the Mertz property. Mayor Todd stated they are hiring a new full-time employee in the maintenance department. Applications are due by Wednesday, June 15th. Mayor Todd stated he has met with a few developers concerning a new industrial park.

Lisa Bowman has also been involved. They are looking at potential land for sale. Mayor Todd stated the Planning Commission approved dividing parcels in Stonebridge Subdivision. The first was for Stonemark Development. They would like to divide two parcels into four tracts. Mayor Todd asked for a motion to allow him to sign off on the approval after Village Attorney Brian Flynn reviews it. Randy Burk made a motion to allow Mayor Todd to sign the approval for the division of land for Stonemark Development. Ray Famula seconded the motion. The motion carried unanimously. The second division is for Christopher and Stephanie French to divide one parcel into two lots. Mark Todd made a motion to allow Mayor Todd to sign the approval for the division of land for Christopher and Stephanie French. Mike Capell seconded the motion. The motion passed with Randy Burk, Mike Capell, Ray Famula, Mark Todd, and Dustin Trankle voting for the motion; Mike French abstained.

TREASURER'S REPORT: Tracy Holmes stated that the Treasurer's Report had been submitted. Ray Famula made a motion to approve the Treasurer's Report. Randy Burk seconded the motion. The motion carried unanimously.

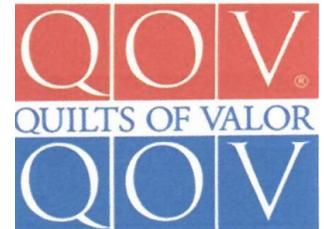
CLERK'S REPORT: Tracy Holmes stated that the Clerk's Report had been submitted. Mike French made a motion to approve the Clerk's Report. Mark Todd seconded the motion. The motion carried unanimously.



Are you celebrating a Special Birthday or Anniversary or have a Special announcement? Please send us a photo and information. Our readers would love for you to share with us. Please email to

seniorce@htc.net or drop off at Senior Center.

Quilts of Valor



Each month, Millstadt Township Senior Services will nominate and hold presentation ceremonies for service members and veterans who have been touched by war. They are presented a comforting and healing Quilt of Valor. This quilt is given regardless of the conflict, declared war or otherwise in which they served. These Quilts of Valor are lifetime awards, stitched with love, prayers, and healing thoughts.

These quilts are awarded by the "Stars of Honor/Illinois" chapter and sponsored by Warm N Cozy Quilt Shop in Columbia, Illinois. Each quilt cost \$250 to complete. Your tax-deductible gift buys fabric for quilt tops, backing, and pays for batting and shipping. Contributions of any amount are appreciated. You can drop off your donations at Warm N Cozy Quilt Shop in Columbia, go to the Quilt of Valor website at QOVF.org and list Stars of Honor/Illinois to keep your donation local, or mail directly to Dona Rector, Stars of Honor Group Leader at 5937 Saxtown Road, Millstadt Illinois 62260. If you have any questions, you may contact her at (618) 960-4778.

You are also welcomed to become a member of the Group. Members group sew, quilt, bind and present Quilts of Valor. Membership is \$10 a year and \$5 for an optional QOV pin. The local group is called Stars of Valor. To join visit the Quilts of Valor Foundation at QOVF.org or contact Dona Rector at the above number. Anyone can nominate a service member by visiting the Quilts of Valor website at QOVF.org. The person nominated will be added to the QOV database and assigned to the appropriate group governing that area.

During The Month of May
 Our Volunteers Donated **764** Hours To
The Millstadt Senior Center
 If Paid at Minimum Wage, the
 Dollar Value Would be **\$9,168**
THANK YOU VERY MUCH
 This Program Would Not Be Possible Without Each Of You!
 For Your Dedication, In The Spirit Of Giving
 Please Remember To Report Your Volunteer Hours
 Would you like to join our group of Volunteers?
Please Stop By The Center To Sign Up
Or See Patty In The Office

HAPPY Father's Day

gg70600626 GoGraph.com

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.

Your Help in This Matter is Greatly Appreciated

55 or Better?



Join your friends in our Classic 55 Club!

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- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
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Tractor drivers,
Ride Attendants
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June 14 Flag Day

Writer's Guidelines

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one. Articles can be dropped off at the center, mailed, or emailed to seniorc@htc.net.

Gentle Chair Yoga Every Mon. & Fri.

Mon. & Fri. @ 10:00 am. (Instructor: Joyce Herrmann) Yoga can be a great way to exercise the aging body. In this gentle yoga class, students use a chair & Joyce helps to modify positions for comfort & concerns. Please call 618-476-3731 to first-time register! No Charge!



Wish List

- Bingo Prizes**
- Cookies/Sugar Free Cookies
 - Kleenex — Liquid Soap
 - Little Debbie's — Lifesavers
 - Lotion — Body Wash
 - Grab Bag Bingo Surprise Gifts
 - Canned soup — Crackers
 - Chips

DO YOU NEED HELP?

The Millstadt Senior Center is here to provide essential services. If you are a senior in need:
Call 618-476-3731.

- Weekly check in calls
- Fresh produce
- Grocery shopping
- Face Masks
- Free puzzles & books
- Tech assistance with ZOOM, Facebook

EVENT SUBMITTAL

Local organizations wanting to submit flyers for current events to be published in the Senior Talk need to submit their information 2 weeks prior to the end of the month that they want their information printed.

TRANSPORTATION NOTICE

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as follows:

- *Belleville Doctors will be done on Mondays and Wednesdays from 8:00 am to 11:00 am
- *Shiloh/O'Fallon Doctors will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am.

Aluminum Cans

Donate Your Aluminum Cans To
The Senior Center

Contact

Patty Evansco at 476-3731



Glaeser HMR

Home Maintenance and Repair

Brad Glaeser

Owner

618-719-5952 cell

618-476-1135 Home
Millstadt, IL 62260

"No Job Is Too Small"
bglaeser @Hotmail.com



FRIDAYS

4pm—8pm

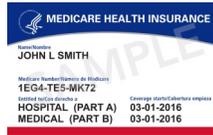
Millstadt VFW Post 7980

200 Veterans Drive

Dine In or Take Out-618-476-1180

How Do You Get A New Medicare Card?

If you misplace or lose your Medicare Card, please do not fret. The Millstadt Senior Center can have a replacement Medicare card on its way to you within 5 minutes. This is a very easy and simple task and we are glad to help you with it. Call (618) 476-3731 if you have any questions.



Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future. Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program. Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity. Thank you. <http://smile.amazon.com>

Aging Mastery Program

AgeSmart awarded a Grant to offer the **Aging Mastery Program** at Millstadt Township Senior Services! We are **currently recruiting 30 Millstadt, Smithton, Freeburg and local residents age 55+** to participate in a 10-week educational FREE program. The goal of the program is to empower older adults to make and maintain small but impactful changes in their health behaviors. The training sessions will explore navigating longer lives, physical activity, sleep, healthy eating and hydration, financial fitness, medication management, advanced planning, healthy relationships, falls prevention, and community engagement! Participants will earn points for positive actions and rewards and... who doesn't like prizes???

Come to our AGING MASTERY PROGRAM Lighter Fare Luncheon-informational session on Tuesday, June 7th at 12:00pm.

Date: Tuesdays Jun 14th–Aug 16th

Time: 10:00 a.m.–12:00 p.m. Ten sessions

Location: Millstadt Township Senior Services
102 South Jefferson, Millstadt IL

R.S.V.P. Required: 618-476-3731



Township Supervisor

Travis Jones

Village Mayor

Michael Todd

Director

Patty Evansco

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Jerry Schmitz

Judy Jacobs



Township Senior Services

102 South Jefferson St., Millstadt, IL 62260

Phone No. **618-476-3731**

Fax No. **618-476-3921**

email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling

618-222-2561 or 800-326-3221

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

All Lunches Are Catered From the Millstadt IGA, China King, Breadeoux Pizza & Schuberts From Millstadt "The Center is a Great Place to Enjoy Yourself Through Fellowship & Celebrations With Seniors of Millstadt"

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.

Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of \$ _____ (or the property, herewith described)

We Welcome Any Inquiries About Bequests, Please Call Us At (618) 476-3731



Vintage Quilt Raffle

@ Bunco Party Thursday, June 16th

3 tickets For \$2.00
2 quilts



IT'S STORY TIME

EVERY WEDNESDAY AT 11:00 A.M.

In-Person!

An interactive read aloud event for Pre-K and Youth!



JUNE 13 - JULY 23



ALL AGES!

SUMMER READING AND ACTIVITY PROGRAM



THIS SUMMER, READ BEYOND THE BEATEN PATH!

Join us for 6 weeks of reading, activities, crafts, field trips, a community scavenger hunt, escape rooms, and of course, prizes!

Check out www.millstadt-library.org for details coming soon!



???

G&P

GAMES & PUZZLES CLUB FOR ALL AGES!

THIRD WEDNESDAYS
6 - 7 PM

STARTING OCT 20TH



Thursday, June 16th
St. James Parish Center
Registration Starts
@ 6:30 PM

The Millstadt Senior Center Expresses Our Deepest Sympathy To The Family,



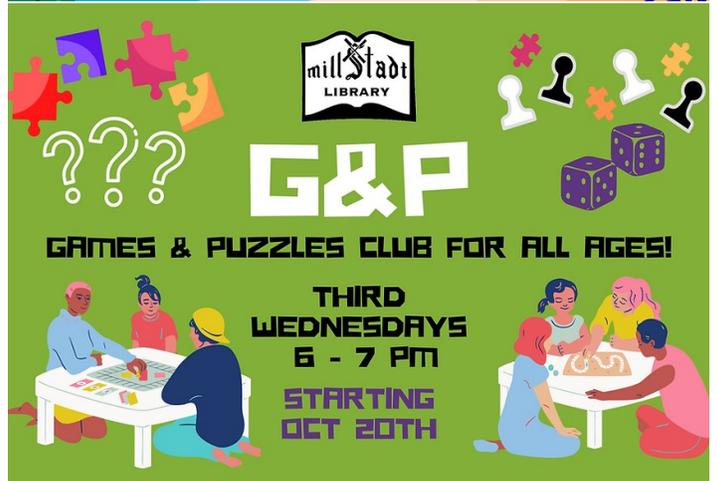
**Jose Alvarez
Betty Eckert
Shirley Elkins
Wanda Mueller
Robert Trentman**



HOFFEN

Frank and Elle Heiligenstein, Owners
Affordable Funeral And Cremation Services With Dignity

We Accept Pre-Arrangement Transfers



Shirley Elkins

Shirley Marie Elkins, 96, of Freeburg, and formerly of Marion, Cambria, Metropolis, and Chicago, passed away Sunday, May 8, 2022, at Freeburg Care Center.

Graveside services were held at 10:00 a.m., Monday, May 16, 2022, at Hillcrest Cemetery in Carterville.

Memorial contributions can be made to the St. Clair County Humane Society or to the Freeburg Care Center Activities Department.

Shirley was born July 6, 1925, in Cambria, to Glen and Hilda (Johns) Elkins.

She is survived by her brothers, Dick Elkins of Pekin and Don Elkins of Belleville; and many nieces and nephews.

Shirley was preceded in death by her parents and brothers, Howard Eugene and Dennis Elkins.

Shirley spent most of her life living and working in Chicago. She had worked as a secretary for Moody Bible Institute in Chicago for many years. Shirley later worked as a paralegal for over 25 years.

Shirley was a member of First Baptist Church in Marion. While living in Carterville, Shirley attended Bible Baptist Church, and when she lived in Metropolis, she attended First Baptist Church.

If you knew Shirley, then you knew her love of the St. Louis Cardinals.

Her family would like to thank Freeburg Care Center for their wonderful care over the last few years.



Wanda Mueller

Wanda L. Mueller, nee Cates, 91 years of Millstadt, IL, passed away on Sunday, May 1, 2022 at Memorial Hospital in Belleville, IL. She was born February 20, 1931, in Vienna, IL.

Wanda was a member of St. Matthew United Methodist Church in Belleville, IL., and the Golden Age Club. She had also worked at Eckert's.

Surviving are her sons, Larry A. (Karen K.) Mueller and Robert J. (Karen G.) Mueller, her grandchildren, Jason (Jaime) Mueller and Jessica (fiance Chris Rensing) Grant her great-grandchildren, Reine, Braden and Melody Grant, Charlotte and Abigail Mueller, her brother, Earl (LaVonne) Cates, her sister, Anna Mae (Gene) Procasky, along with other relatives and friends.

She was preceded in death by her husband of 60 years, Howard L. Mueller, her sister, Mary (Robert) Schaffhauser, and her parents, Clifford and Thelma, nee Choate, Cates.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to St. Matthews United Methodist Church in Belleville, IL. Arrangements were handled by Leesman Funeral Home, Millstadt.



Robert Trentman

Robert W. Trentman, 80, of Belleville, IL, born November 23, 1941, in Belleville, IL, died Friday, May 13, 2022, at his residence.

Mr. Trentman held an associate degree from the former Belleville Area College and worked as an engineer with the state of Illinois for 30 years before his retirement. He also farmed during those years. He was a member of the Smoke'n Aces poker league and enjoyed playing any card game but especially Texas Holdem. Bob was a former member of the Belleville swing dance club. He was the inspiration for the 2014 movie "Belleville" and appeared as an actor in the production. He loved anything outdoors but especially gardening, mushroom hunting, and arrowhead hunting. He was a member of St. Pauls United Church of Christ, Freeburg, IL.

Robert was preceded in death by his father, Oscar Trentman; his mother, Marie, nee Flassig, Wiskamp; and a brother, Gary Trentman; and his stepfather, Roy Wiskamp.

Surviving are two sons, J, Robert John (Kelly) Trentman of Belleville, IL, and Theodore Joseph Trentman (Drew Panico) of Los Angeles, CA; three grandchildren, Clinton, Evan, and Emma Trentman; a brother, Donnie Wiskamp of St. Louis, MO; nieces and nephews; and cousins.

In lieu of flowers, memorials may be made to the Belleville Area Humane Society or to St. Clair County CASA, 1801 North Belt West, Belleville, IL 62226. Arrangements were handled by Renner Funeral Home.



Jose Alvarez, III

Jose "Joey" M. Alvarez, III, of Smithton, IL, was born on April 29, 1952, in East St. Louis, IL. On May 16, 2022, Joey found his resting peace and joined a heavenly choir. The heart is a maker of music. Like a metronome, a heart keeps a beat. Like a song, a heart has rhythm. Like an anthem, a heart guides our morals and reminds of what is truly important. And like a lullaby, a heart can help us find a resting peace.

Since childhood, Joey was a hard worker, first getting a job as a paperboy and then working at the J&E Market on 40th and Waverly, which began his career in grocery stores. Later, Joey worked for National Food Store before becoming co-owner of A&B Bi-Rite in Caseyville and Washington Park Bi-Rite. Drawn to law enforcement at a young age, Joey rose to the rank of sergeant in the Washington Park Police Department and served as a police patrolman with Maryville Police Department before becoming police chief in Caseyville, Illinois, later in life. Joey spent a career as an investigator in the St. Clair County State's Attorney's Office, was a member of the Major Case Squad of Greater St. Louis, and was a partner in Process Services, Inc. Joey's work as a victim witness advocate was particularly meaningful, as he provided support and care to countless individuals and families in the justice system. Joey also served as the President of the Fraternal Order of Police for Lodge #108 and Lodge #262. Ever the hardworking type, Joey also served as a security guard at Oz Night Club, the Alton Belle Casino, Panama Jax Night Club, and Fairmount Racetrack during his long career in blue.

Joey's love for justice was only rivaled by his passion for music. He was the owner and operator of Music Master Entertainment, having DJ'ed at countless weddings, birthday's, fundraisers, and celebrations. His beloved New Year's Eve Party was an annual tradition, and he won awards for his volunteer work with Cops for Kids. In his spare time, Joey managed the St. Clair County State's Attorney softball team. He loved the St. Louis Cardinals, as well as the St. Louis Blues. Joey also loved animals and had a special gift with dogs (who adored him). Always quick with a joke or a great story, Joey was loved by many, from family members to family friends to longtime colleagues. He cherished his daughter and granddaughters more than anything, and some of his happiest memories in recent years involved supporting his granddaughters at their dance competitions, their shared love of music on full display. The beautiful music lives on in the heartbeat of Joey's great-grandbaby due in October 2022, for which he was overjoyed.

He was preceded in death by his parents, Jose M. Jr., and Shirley M. nee Harris Alvarez.

Joey is survived by his beloved daughter, Tina Stone, nee Alvarez; his granddaughters, Taylor (Brendan) Hand and Sydney Stone; his siblings, Sherry (Jim) Mourey, Anthony J. (Donna) Alvarez, Laura Alvarez, and Lynne (Jon) Grindstaff. Joey is also survived by many nieces and nephews who will forever cherish "Uncle Joey" as well as countless family and friends. Memorials may be made to the American Heart Association.



Betty Eckert

Betty J. Eckert, 92 years, of Columbia, IL, passed away on May 29, 2022 at Memorial Hospital, Belleville, IL. She was born August 20, 1929, in Columbia, IL, daughter of the late Jacob, and Minnie, nee Kottkamp, Daab. She was married to George W. Eckert, who survives her. They were married February 27, 1954, in Columbia, IL.

Betty grew up in Columbia and graduated from Columbia High School. She worked at the First National Bank of Columbia for 47 years. Betty was one of the founding members of the Friends of the Library. She was a member of American Legion Post 581 Aux., and the Columbia Gymnastic Association Aux., and was a member of the St. Paul United Church of Christ. Her greatest joy was raising her family and spending time with her grandchildren and great-grandchildren. She loved her cat (baby cat) and was an avid card player with her friends for over 60 years and loved watching Cardinal ball games with George. Also, surviving are her twin sons, David Eckert of Columbia, IL, and Donald Eckert of Columbia, IL; daughter, Donna (Randy) Eckert of Millstadt, IL; grandchildren, Allison (Cameron) Bence and Adam (Courtney Kennedy) Eckert; great-grandchildren, Nolan and Jaden Bence, along with other relatives and friends. She was also preceded in death by her brother, Robert Daab, and infant sister, Elizabeth.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to: Humane Society of Monroe County P.O. Box 164 Waterloo, IL 62298, or St. Paul United Church of Christ, 127 St. Paul, Columbia, IL 62236.

Arrangements were handled by Leesman Funeral Home, Millstadt.



Smithton Library News

The Smithton Library offers Notary Services by appointment only. Please call 618-233-8057 to schedule an appointment.

**Notary Services Are Provided
Free At The Senior Center**